

Elizabeth Basile, LMFT

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QUALIFICATIONS

- Over 8 years of experience providing primarily brief therapy, utilizing cognitive-behavioral, solution-focused, and narrative approaches with children, adults, couples, and families in a wide range of settings
- Specialties include working with clients dealing with chronic medical conditions including eating disorders, diabetes, and chronic fatigue syndrome, and working with caregiver fatigue
- Other specialties include sexual assault, domestic violence, PTSD, and high conflict teens and families in Latino communities
- Currently obtaining Eating Disorders Certification
- Member, Stanford Medical Center therapist referral list for patients with diabetes or related eating disorders
- Co-facilitates support groups for Chronic Fatigue Syndrome, for caregivers caring for chronically-ill loved ones, and women in relationships with domestic violence
- Experienced group facilitator, workshop presenter, and S.T.E.P. Parenting class facilitator
- Member, Board of Directors, Santa Clara Valley Chapter, California Assn. of Marriage and Family Therapists

SKILLS AND EXPERIENCE

PRIVATE PRACTICE Mountain View, CA (September, 2010 to present)

- Provides primarily cognitive-behavioral and short-term counseling to individual children, adults, couples, and families with a broad range of presenting issues
- Co-facilitates support groups for Chronic Fatigue Syndrome, and for caregivers caring for chronically-ill loved ones
- Currently developing program in underserved Latino community to reduce drop-out rate, helping parents to advocate for their children in elementary and middle schools to ensure continued engagement in school

COMMUNITY SOLUTIONS Morgan Hill, CA (July, 2007 - July, 2008, Internship)

Staff Counselor

- Provided individual, family, and group counseling to primarily Latino client population.
- In Solutions to Violence Program, worked with individual adults, children, and families dealing with sexual assault, sexual abuse, and domestic violence.
- In the Status Offender Services, provided individual and family therapy to children ages 6 – 12 identified as high-risk for getting in trouble with the law.
- In Restorative Justice Program, counseled individual teens that had been on probation, primarily for theft, gang violence, and substance abuse.

JFK UNIVERSITY COMMUNITY COUNSELING CENTER Sunnyvale, CA (October, 2001- July, 2008, Fieldwork/ Internship)

- Provided individual and family counseling to students at local schools (see below) and to clients at JFKU Community Counseling Center.

- Designed and taught parenting classes, collaborated with parents from diverse cultures on parenting topics
- Presented Clinical Training Workshops for new trainees and interns on topics such as "Parenting the Teenager," "Collaborating with Parents," and "How to Lead Parenting Classes."
- Served as mentor for trainees and interns in the Marriage and Family Therapy Master's Program at JFK University

NORTH MONTEREY COUNTY HIGH SCHOOL Castroville, CA (Nov 2006 - May 2007)

- Member of JFK University team implementing pilot counseling program, providing psychotherapy to high-risk teenagers with a broad range of problems, including self-mutilation, suicidal ideation, and lesbian/gay issues
- Coordinated treatment with teachers and school staff

MILLER MIDDLE SCHOOL, Cupertino, CA (October 2001 - June 2006)

- Provided individual counseling to middle school students referred by staff for behavioral, academic, or family problems. Presenting issues included depression, emotional problems, and problems with acculturation.
- Coordinated care with teachers and school staff

EDUCATION AND AFFILIATIONS

- Master of Arts in Counseling Psychology, JFK University, Campbell, CA (2003)
- Bachelor of Arts in English Literature, University of California, Davis, Davis, CA (1981)
- Member, Board of Directors, Santa Clara Valley Chapter, California Assn. of Marriage and Family Therapists
- Clinical Member, California Association of Marriage and Family Therapists
- Member, Directory for Eating Disorders Resource Center, Silicon Valley (<http://www.edrcsv.org>)
- Member, Stanford Medical Center therapist referral list for patients with diabetes or related eating disorders

CERTIFICATIONS

- Eating Disorders Certification (in progress), JFK University, Pleasant Hill, CA